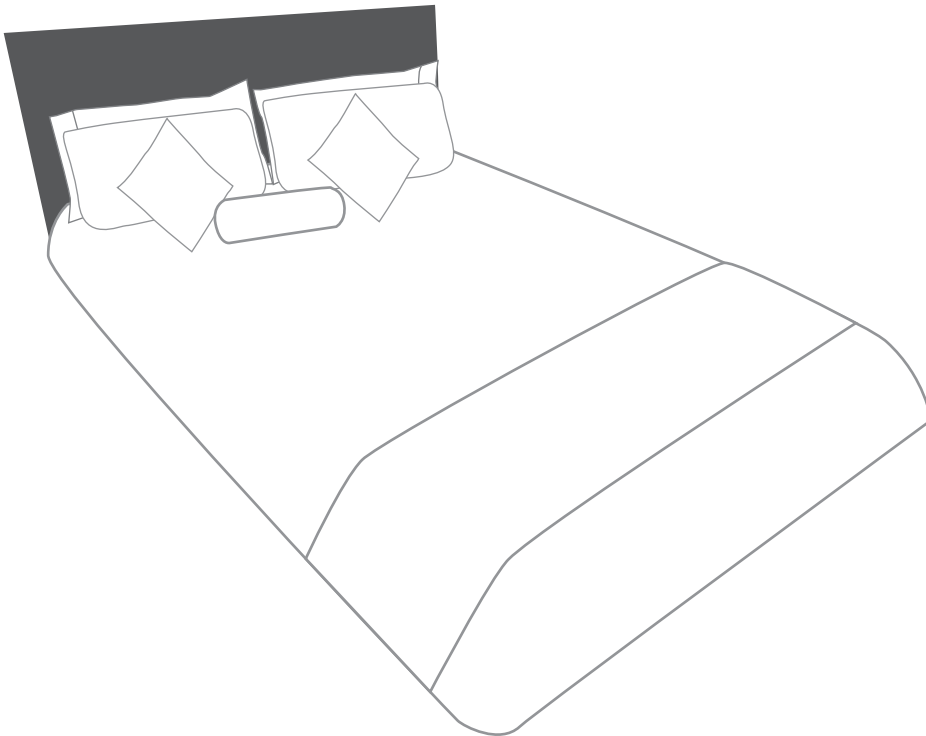


MANUAL DE INSTRUCCIONES PARA TENDER UNA CAMA



Natalia Sánchez C.



HERRAMIENTAS EXTRA



Suavizante

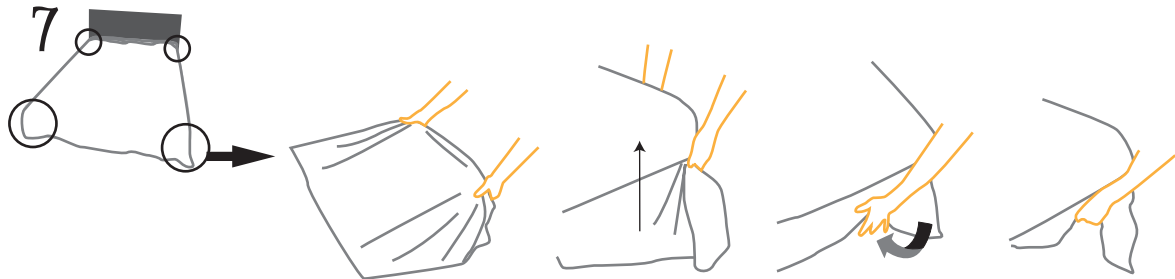
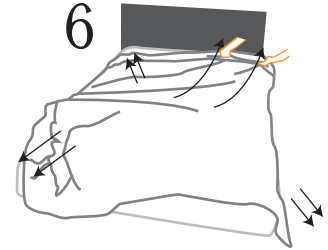
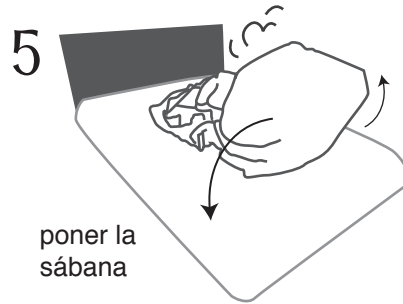
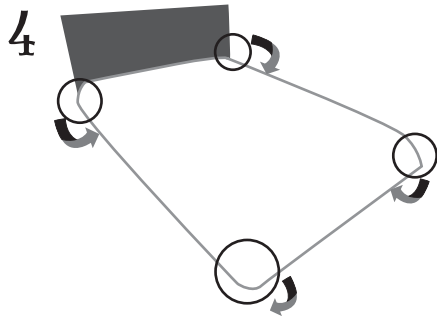
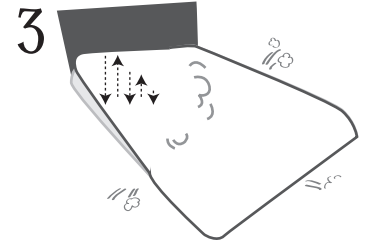
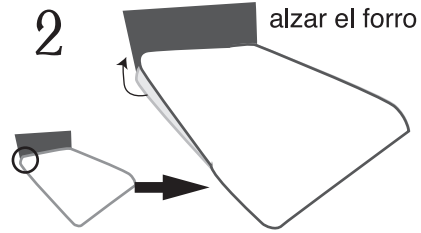
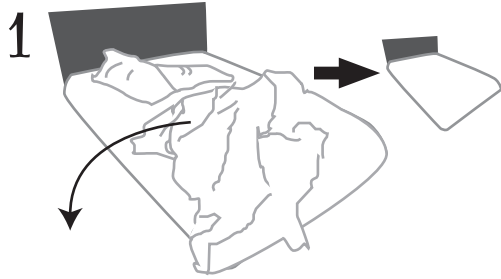
VARIACIONES

Tiempo:

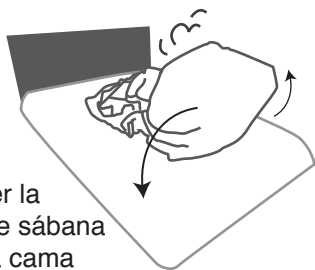
7 minutos

3 minutos

7 MINUTOS

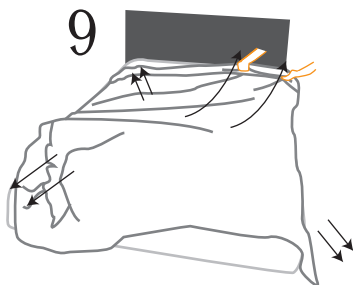


8

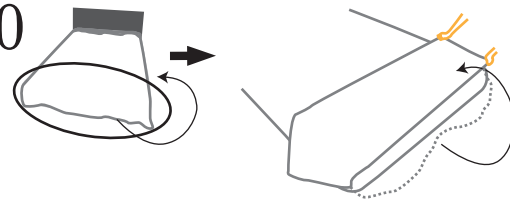


poner la
sobre sábana
en la cama

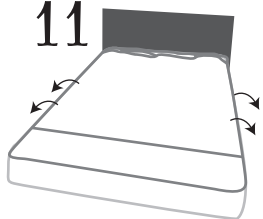
9



10

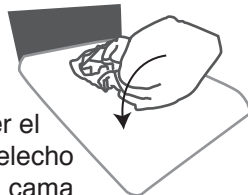


11



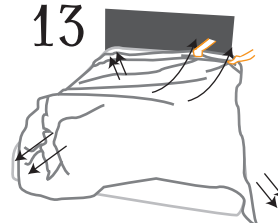
meter debajo
del colchón

12

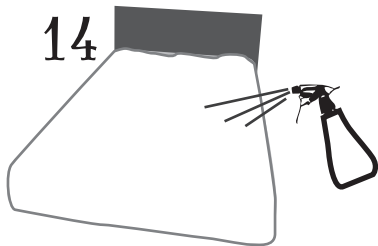


poner el
cubrelecho
en la cama

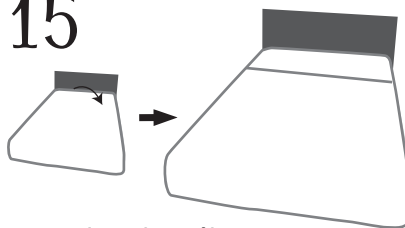
13



14

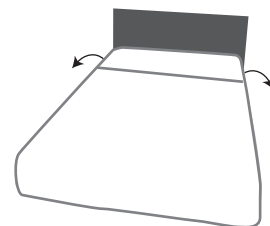


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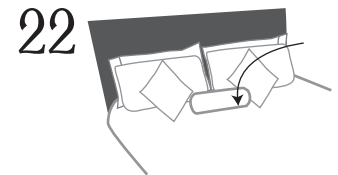
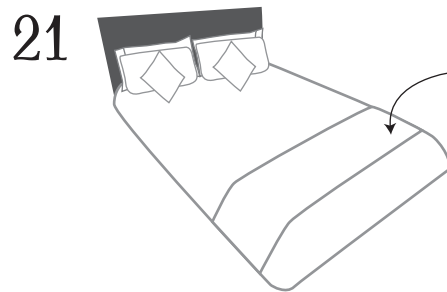
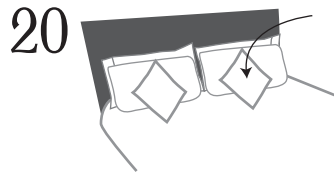
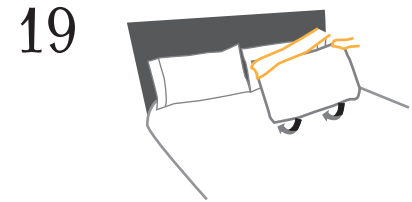
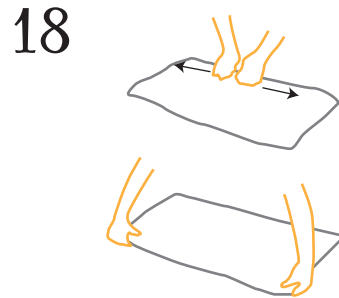
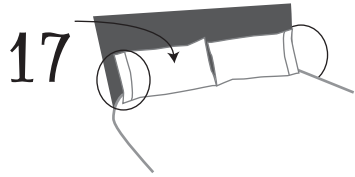
sacar la sobresábana por
encima del cubrelecho

16



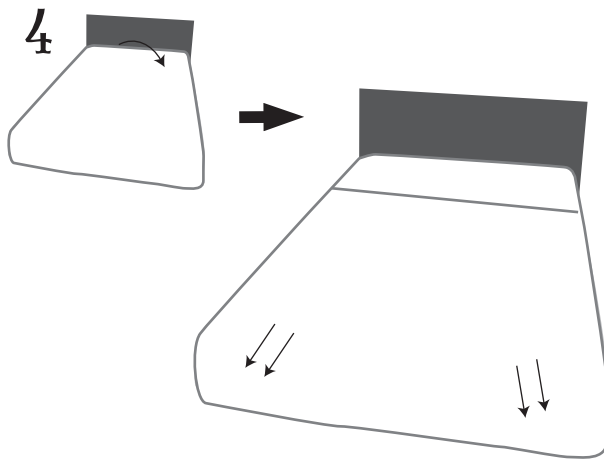
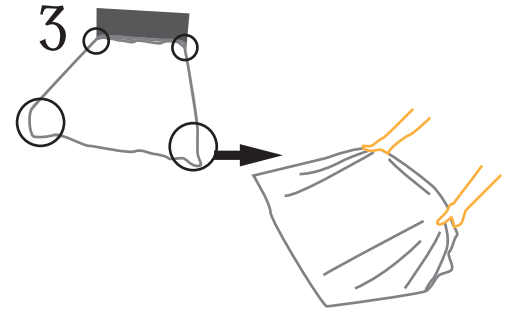
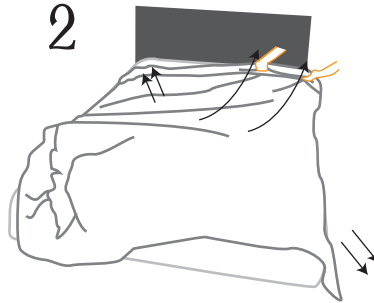
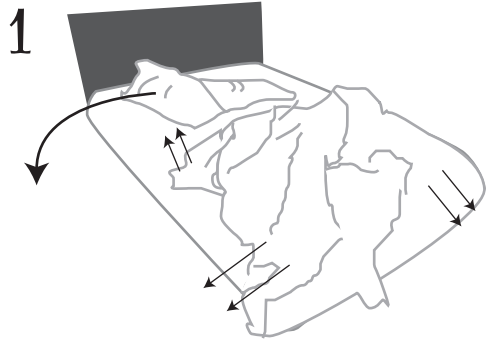
meter los sobrantes
debajo del colchón

ULTIMOS DETALLES



fin

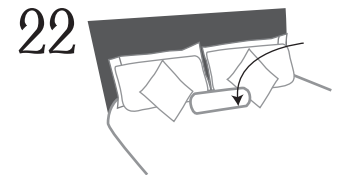
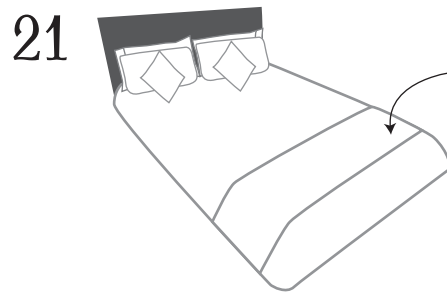
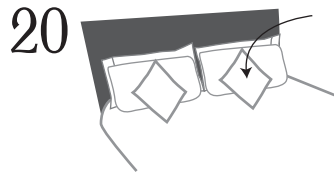
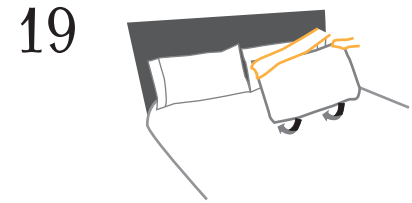
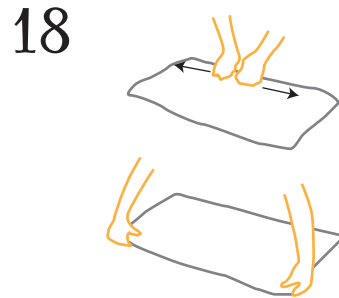
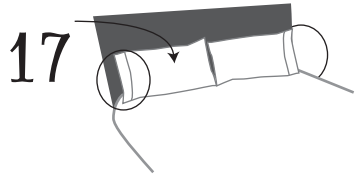
3 MINUTOS



sacar la
sobresábana sobre
el cubrelecho y
extender la parte
inferior



ULTIMOS DETALLES



fin